



MV FOOD MENU FROM 1ST JULY 2026 TO 16TH JULY 2026

DAY & DATE	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
01-07-2026	AALOO PRATHA, CURD, MIRCHA AACHAR	BANANA 2 PCS	RICE, ROTI, MASOOR DAL, SUKTHO, AALOO ONION BHUIJA, SALAD	MURI MASHALA	RICE, ROTI, DAL, AALOO BHINDI DO PYAZA
02-07-2026	MASHALA UTTAPAM, SAMBAR, CHUTNEY, UPMA	MALAI TOAST	RICE, ROTI, RAJAMA, AALOO SOYABEAN CURRY, ROSTED PAPARD	SAMOSAS 2 PCS WITH SWEET CHUTNEY	RICE, ROTI, DAL, PAPITA AALOO, MILK
03.07.2025	GRILLED CHEESE SANDWICH, POHA, CUT FRUIT	SPROUTED SALAD	RICE, TORI, DAL, PUNJABI KADHI, AALOO BHINDI, FRYUMS	DAHI BHALLA	YELLOW RICE, ROTI, GREEN MOONG DAL TARKA, BEANS AALOO FRY.
04/07/26	UPMA, MEDU VADA, SAMBAR, COCONUT CHUTNEY, CUT FRUITS	-----	RICE, ROTO, CHANA DAL, GHEE (1 TBS), FRYED AALOO CHOKHA, FRYUMS	MACORONI WITH RED SAUCE	RICE, ROTI, YELLOW DAL, KADAI PANEER
05/07/2026	CLUB KACHORI, AALOO CHOLA SABJI, SOOJI HALWA	-----	AALOO BIRYANI, EGG CURRY (NVML), PANEER DO PYAZA (VGML), CUCUMBER RAITA	MURI AALOO CHOP	RICE, ROTI, CHANA DAL FRY, AALOO PARBAL KI BHAJI
06/07/2026	MULTI GRAIN IDLY, VADA, SAMBAR, CHUTNEY	AAM PANNA	RICE, ROTI, MOONG DAL, SEASONAL MIXED VEG, FRYUMS, AACHAR	PAPDI CHAAT	RICE, ROTI, WHOLE MASOOR DAL, AALOO BHINDI ONION BHAJI,
07/07/2026	STUFFED BESAN CHILLA, LASUN CHUTNEY, VERMICELLI UPMA, CUT FRUITS/ BANANA	MILK WITH CORN FLEX	RICE, ROTI, ARAHAR TOMATO DAL, KERALA BHARWA/ AALOO KERALA BHAJI, SALAD	CHILLI SOYABEAN MANCHURIAN	RICE, ROTI, TARKA DAL FRY, ZIRA AALOO
08/07/2026	TAWA PRATHA, AALOO CHANA SABJI, BANANA	SATTU SARBAT	RICE, ROTI, ARAHAR DAL, AALOO BARBATTI BHAJI, SAAG, AACHAR	DHOKALA 2 PCS WITH RED CHUTNEY	RICE, ROTI, CHANA DAL FRY, AALOO SOYABEAN, MALAI CHAMCHAM



09/07/2026	GRILLED CHEESE SANDWICH, BAKED BEANS, BANANA	LASSI	RICE, ROTI, RAJAMA, BHINDI AALOO BHAJI, SALAD	ICECREEM WITH CHOCOLATE BROWNIE	RICE, ROTI, MATAR GHUGNI, AALOO ONION BHAJI
10/07/2026	CHANA DAL KACHORI, AALOO CHANA SABJI, BHUNA MIRCHA MASALA	BHAKAR WADI	RICE, ROTI, MORINGA DAL, AALOO PARBAL SABJI, AALOO CHIPS, FRYUMS/ FRYED PAPARD	PANEER VEG ROLL	MASHALA LITTI, CHOKHA, ONION SALAD
11/07/2026	STUFFED IDLY, SAMBAR, COCONUT CHUTNEY, MEDU VADA	AAMRASS	PEAS PULAO, MISSI ROTI, MIXED VEG WITH PANEER, PAKODI KADHI, RASGULLA, PAPARD, SALAD.	VEG CUTLET 2 PCS	ROTI, RICE, WHOLE MOONG DAL, BARBATTI AALOO BHAJI.
12/07/2026	MASHALA DOSA & PLAIN DOSA, SAMBAR, CHUTNEY 2 TYPES		GOBINDO BHOG BASANTI PULAO, EGG CURRY (NVML), PANEER LOHARI (VGML), SALAD , FRYED PAPARD	VEG MAGGI	ROTI, RICE, CHANA DAL FRY, AALOO MATAR CURRY, MILK
13/07/2026	ROTI, AALOO ONION BHAJI, BANANA / CUT FRUITS	SIKANJI WITH PARI NIMKI	ROTI, RICE, DAL, AALOO ONION POSTO , AALOO BHINDI MASHALA, AACHAR	TOMATO SOUPWITH 2 PC BREAD TOAST / BREAD STICKS	LACCHA PRATHA, BUTTER PANEER, MIXED DAL.
14/07/2026	DALIA KHICHDI, VERMICELLI UPMA, RED TOMATO CHUTNEY	CAFETERIA ITEM	RICE, ROTI, KADHI PAKODI, BARBATTI AALOO BHAJI, PAPARD / FRYUMS	MIXED VEG PAKODA WITH GREEN CHUTNEY	RICE, ROTI, YELLOW DAL, MATAR MALAI
15/07/2026	GRILLED CHEESE SANDWICH, POHA, BANANA	SPROUTED SALAD	RICE, ROTI, MASOOR DAL, KERALA AALOO BHAJI, AALOO, SHOE STRING POTATO FRY, AACHAR	DHOKALA 2 PCS WITH RED CHUTNEY	RICE, ROTI, AALOO SOYABEAN CURRY, MILK
16/07/2026	AATA PURI, CHOR AALOO SABJI, BUNDIA	BUTTER MILK WITH BISCUITS (2 PCS)	GOBINDO BHOG RICE, 1 TBS GHEE, DALMA, MIXED VEG PAKODI, AALOO MATAR DUM, SALAD.	PAPARD FRY & KESARIYA JELABI	FRIED RICE, ROTI, GREEN MOONG DAL, VEG PANEER BHURJI

S. Pandey
Canteen In-Charge

Student Rep.

S. Chandra
Administrator
Sir

J. Ghosh
C.E.O Sir

Principal Sir

Student representative

1. Sayam Pandey - Sayam Pandey
2. Ankit Roy - Ankit Roy
3. Ishani Prinja - Ishani