



## MV FOOD MENU FOR JAN 2025 2<sup>ND</sup> FORTNIGHT

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
FRIDAY 17 <sup>TH</sup> JAN 2025	IDLY , SAMBAR, DHANIA COCONUT CHATNI	GRILLED SANDWICH 1 PC	MASHALA KHICHDI, ALOO CHOKHA, FRYUMS, AACHAR	VEG PAKORI	ROTI, RICE, ALOO PANEER CURRY, MIXED DAL
SATURDAY 18 <sup>TH</sup> JAN 2025 ( FEST)	CHOLA , BATURA, GREEN CHATNI, ONION SALAD		<b>COUPON</b>	MASHALA MURI	RICE, ROTI, DAL FRY , ALOO METHI
SUNDAY 19 <sup>TH</sup> JAN 2025	ALOO PRATHA, DHANIA PUDINA CHATNI, BANANA	MALAI TOST	VEG FRIED RICE, PANEER KASHA( FOR VEG), EGG CURRY, KACHUMBER SALAD	MASHALA ROSTED POHA	ZIRA RICE, ROTI, VEGITABLE FRY, ARAHAR DAL, MILK
MONDAY 20 <sup>TH</sup> JAN 2025	UTAPAM, SAMBAR, COCONUT CHATNI	SAMOSA , CHATNI 1 PC	RICE, ROTI, MIXED DAL PATTAGOBHI MATAR ALOO, PAPARD	BANARASI TOMATO CHAAT	RICE, ROTI, LOBIA CURRY, PAPITA ALOO DRY
TUESDAY 21 <sup>ST</sup> JAN 2025	HARA BHARA PURI, CHUR ALOO SABJI, SOOJI HALWA	PAN CAKE	RICE, ROTI, VEG MOONG DAL, ALOO PANEER CURRY, SALAD	VEG CUTLET	RICE, ROTI, MIXED DAL, ALOO MATAR SABJI.
WEDNESDAY 22 <sup>ND</sup> JAN 2025	PLAIN PRATHA, ALOO GOBHI MATAR GAJAR DRY SABJI , AACHAR	JAM BREAD 2 PC	RICE, ROTI, LOCKI CHANA DAL , ALOO METHI BHAJI , FRYUMS	HAKKA NOODLES	RICE, ROTI, AACHARI ALOO , DAL FRY , MILK
Thursday 23 <sup>rd</sup> Jan 2025 (Netaji Birthday)	CLUB KACHORI, ALOO CHOLA SABJI, GULAB JAMUN		RICE , ROTI, MASOOR DAL, MIXED VEG WITH PALAK, BEANS THORAN, SALAD	BREAD PAKORA	RICE, ROTI, CHANA DAL,FRY, ALOO SOYABEAN CURRY

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
FRIDAY 24 <sup>TH</sup> JAN 2025	VEG PRATHA, LAPSI, GREEN CHATUNY	PARI NIMKI	RICE, ROTI , PAKORI KADHI , BAGAN ALOO SABJI, PAPARD	PANI PURI	RICE, ROTI, MIXED DAL, CHILLI SOYABEAN
SATURDAY 25 <sup>TH</sup> JAN 2025	RAVA DHOSA, COCONUT CHATUNY , UPMA	ANY ITEMS FROM CAFE	KHICHDI, MIXED VEG DRY SABJI WITH PALAK, FRYUMS, AACHAR	VEG MAGGI	NAN, MIXED VEG WITH PANEER, TARKA DAL
SUNDAY 26 <sup>TH</sup> JAN 2025 ( REPUBLIC DAY)	COLOURED PURI, ALOO SABJI , JELABI	HOLIDAY	ALOO BRIYANI, EGG CURRY, PANEER GRAVY, SALAD	PAPRI CHAAT	ROTI , RICE, SOYABEAN ALOO CURRY, DAL FRY, MILK
MONDAY 27 <sup>TH</sup> JAN 2025	IDLY SAMBAR , CHATNI , VADA	ANY ITEM FROM CAFE	RICE, MISSI ROTI, PANCHMELA DAL, MIXED VEG WITH PANEER, PAPARD	DABELI 1 PC	ROTI, RICE, WHOLE MASOOR DAL, PAPITA ALOO SABJI RICE KHEER
TUESDAY 28 <sup>TH</sup> JAN 2024	PANEER PRATHA, GREEN CHATNI, BANANA	SWALI 4 PC	RICE, ROTI, MOONG DAL, FULGOBHI ALOO SABJI, LAL SAAG, AACHAR	SAMOSAS	ZIRZ RICE, ROTI, CHANA DAL FRY METHI MATAR MALAI .
WEDNESDAY 29 <sup>TH</sup> JAN 2025	KERLA DHOSA, GREEN CHATNI WITH NARIAL, SAMBAR	PAN CAKE	MAKKAI ROTI, PEAS RICE, SARSO SAAG, MOOLI DAL, ALOO FRY	BHEL PURI	ROTI, RICE, WHOLE MOONG DAL,ALOO PUMPKIN FRY ,GAJAR HALWA
THURSDAY 30 <sup>TH</sup> JAN 2025	PALAK PRATHA, ALOO PANEER CHOLA SABJI, AACHAR	JAM BREAD 2 PC	RICE, ROTI, LOCKI CHANA DAL , ALOO METHI, FRYUMS	VEG BURGER	RICE, ROTI, DAL, ACHARI ALOO
FRIDAY 31 <sup>ST</sup> JAN 2025	IDLY , SAMBAR, DHANIA COCONUT CHATNI BANANA	ANY ITEMS FROM CAFE	RICE, ROTI, MASOOR DAL, MIXED VEG WITH PALAK, BEANS THORAN, SALAD.	VEGETABLE CUTLET	RICE, ROTI, CHANA DAL FRY, VEG JALFREZI.

**Principal**

**Canteen in-Charge**

**Administrator**

**Note: Menu is subject to change due to unavailability of vegetables**