

FOOD MENU FOR AUG 2024 ^{2ND} WEEK

SAWAN MONTH FROM 22ND JULY TILL 19 AUG 2024 WE WILL SERVE NO ONION & GARLIC FOOD

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
MONDAY 5 TH AUG	IDLY , VADA, SAMBAR , CHATNI, CUT FRUITS (APPLE)	LICHI JUCE	PLAIN RICE, ARAHAR DAL, ROTI, BESAN KERALA, SEASONAL MIXED VEG , SALAD, FRYUMS, AACHAR	SABUDANA VADA	PULAO ,ROTI,MIXED DAL TARKA, BHINDI ALOO FRY, MILK
TUESDAY 6 TH AUG	POHA, MEO.GRILLED SANDWHICH, BANANA	MASHALA PEANUTS	RICE, DAL, ROTI, BEANS POTAO FRY, SOYABEAN ALOO CURRY, SALAD, FRYUMS, AACHAR	MURI MASALA	KHEER, PURI, RICE, DAL, ALOO MATAR KI SABJI,
WEDNESDAY 7 TH AUG 2024	UPMA, KERALA DHOSA, SAMBAR, CHATNI, CUT FRUITS (PINEAPPLE)	CUP CAKE (1 CUP)	RICE, ROTI, MOONG DAL WITH NARIYAL, ALOO MATHI , LAUKI POTATO CURRY, SALAD, PAPARD, AACHAR	SOUPY NOODLES	RICE, ROTI, WHOLE MOONG DAL, PARBAL ALOO FRY, MILK
THURSDAY 8 TH AUGUST	VEG DALIA, ALOO PRATHA, CURD,	MILANO BISCUTE 1 PACK(2 PCS)	RICE, ROTI, DAL, BHINDI ALOO FRY, PUMPKIN POTATO CURRY, PAPARD, RAITA, AACHAR	CHILLI HONEY POTATO	RICE, ROTI, DAL FRY, ALOO CABBAGE,
FRIDAY 9 TH AUGUST	PAV BHAJI , RAWA KESARI HALWA, BANANA	CHOCOLATE MUD CAKE	RICE, ROTI, LAUKI CHANA DAL, VEG JAL FRAZI, SALAD , PAPARD	VEG PANEER WRAP 1PC	PULAO, TARKA DAL, ROTI, STUFFED ALOO DUM
SATURDAY 10 TH AUGUST	BATORA , CHANA MASALA, JELABI (BIRTH DAY)	RASPBERRY MOJITO	MASALA KHICHDI, MIXED BHAJI, AACHAR, PAPARD	MATAR PUFF 2 pc	RICE,ROTI, KALI DAL, CHILI PANEER , , ICECREEM SCOOP (BIRTH DAY)
SUNDAY 11 TH AUGUST	MASALA DOSHA, CHUTNEY, SAMBAR		VEGITABLE BRIYANI, KARAI PANEER, RAITA, SALAD , FRYUMS, AACHAR	DABELI 1 PC	ROTI, RICE, DAL, GAJAR, BEANS, PEAS, POTATO FRY

Principal

Canteen in-Charge


Administrator

Note: Menu is subject to change due to unavailability of vegetables.