



MV FOOD MENU FOR JAN 2026 (3RD JAN TO 16TH JAN)

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
SATURDAY 3 RD JAN 2025	PALAK ROTI, ALOO SABJI, BANANA	MALAI TOAST	MASALA KHICHDI, ALOO CHOKHA, FRYUMS, PAPAYA CHUTNEY	VEG PAKORI, CORIANDER CHUTNEY	ROTI, RICE, DAL FRY, BEANS ALOO BHAI
SUNDAY 4 TH JAN 2025	PINDI CHOLA, BHATURA, GREEN CHUTNEY, ONION SALAD		VEG CHINESE FRIED RICE, CHILLI PANEER, FRYUMS	VEG MAGGI	ROTI, RICE, JEERA ALOO, MIXED DAL
MONDAY 5 TH JAN 2025	AJWAIN PURI, ALOO METHI SABJI, CUT FRUIT	FRUIT CAKE (IN HOUSE MAKE)	RICE, ROTI, ARAHAR DAL, FULGOBI ALOO MATAR SABJI, LAL SAAG, SALAD	SAMOSA CHOLA CHAAT	YELLOW RICE, ROTI, MATAR PATTAGOB ALOO SABJI, ARAHAR DAL, MILK
TUESDAY 6 TH JAN 2025	KANCHAPURAM IDLI, MEDU VADA, SAMBAR, DHANIA COCONUT CHATUNY	ITEM FROM CAFE	RICE, ROTI, PAKODI KADHI, GREEN SALGAM ALOO CURRY, PAPAD	CHILLI IDLI FRY	JEERA RICE, ROTI, MIXED VEGETABLE FRY WITH PANEER, YELLOW DAL
WEDNESDAY 7 TH JAN 2025	GRILLED SANDWHICH, ONION POHA, SAUCE / GREEN CHUTNEY	BANANA WAFERS / POTATO WAFERS	RICE, ROTI, RAJMA, SEASONAL MIXED VEG, SHOESTRING POTATO FRIES, AACHAR	VEG SOYA KEEMA ROLL	RICE, ROTI, GREEN MOONG DAL TARKA, CHILLI PANEER
THURSDAY 8 TH JAN 2025	VEG DALIA, MOONG DAL CHILLA, LASUN CHUTNEY	ANY FRUITS	RICE, ROTI, MOONG DAL, ALOO FULGOBI CURRY, METHI ALOO, SALAD	HAKKA NOODLES	RICE, ROTI, MIXED DAL, ALOO PAPITA BHAI, MILK
FRIDAY 9 TH JAN 2025	ALOO PRATHA, DHANIA PUDINA CHATUNY, BANANA / CUT FRUITS	MILK & BISCUITE	RICE, ROTI, PALAK DAL, ALOO MATAR PATTAGOB BHAI, BEANS THORAN, AACHAR	CHILLI MANCHURIAN	RICE, ROTI, LOBIA CURRY, ONION ALOO BHUIA

	DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
	SATURDAY 10 TH JAN 2025	UTTAPAM, UPMA, CHUTNEY, SAMBAR	PARI NIMKI	RICE, ROTI, ALOO CHOKHA, BEANS ALOO BHAI, MOONG DAL, AACHAR	BREAD PAKODA 2 PCS	RICE, ROTI, CHANA DAL FRY, VEG JALFREZI, MILK
	SUNDAY 11 TH JAN 2025	CLUB KACHORI, ALOO CHOLA SABJI, JELABI		ALOO BRIYANI, EGG CURRY (FOR NV), MATAR PANEER GRAVY (FOR VEG), ONION SALAD.	PANI PURI 6 PCS	RICE, ROTI, ALOO PATTAGOBHI MATAR SABJI,
	MONDAY 12 TH JAN 2025	PLAIN MILLET DHOSA, GREEN CHUTNEY WITH NARIAL, SAMBAR, BANANA / CUT FRUITS	HOT HURBAL DRINK & 2 PCS BISCUITS / SWALI	RICE, ROTI, ARAHAR DAL, MIXED VEG WITH PALAK, BEANS THORAN, PAPARD	VEG MOMOS 4 PCS BIG SIZE	FRIED RICE, ROTI, KADAI PANEER, WHOLE MASUR DAL TARKA.
	TUESDAY 13 TH JAN 2025	GRILLED SANDWICH 4PCS, CORNFLEX & MILK.	ANY ITEMS FROM CAFE	RICE, ROTI, DALMA, ALOO FULGOBI BHAI, AACHAR	MATAR PUFF 2 PCS	ROTI, RICE, SOYABIN ALOO CURY, DAL FRY.
	WEDNESDAY 14 TH JAN 2025 (MAKAR SANKRANTI)	PURI, ALOO SABJI, (DAHI, CHURA, TILKUT 1 SERVING)	HOLIDAY	MASALA KHICHDI, MIXED VEG DRY, ROSTED PAPAD, SWEET CHUTNEY	PAN CAKE 2 PCS STUFFED WITH GUR AND NARIAL	JEERA RICE, PRATHA, CHANA DAL FRY, METHI MATAR MALAI
	THURSDAY 15 TH JAN 2025	GOBI PRATHA, GREEN CHATNI, BANANA / CUT FRUITS	ROSTED MASALA PEANUT	RICE, ROTI, MOONG DAL, FULGOBI ALOO SABJI, LAL SAAG, AACHAR	ALOO TIKKI CHAAT	ROTI, RICE, DAL FRY, BEANS ALOO FRY, MILK
	FRIDAY 16 TH JAN 2025	DALIA KHICHDI, POTATO BREAD SANDWICH 4 PCS	ANY SEASONAL FRUIT	RICE, ROTI, ARAHAR DAL, FULGOBI ALOO SABJI, BAGAN FRY, SALAD	MANCHOW SOOP WITH BREAD STICKS 2 PCS	ROTI, JEERA RICE, MIXED VEG WITH PANEER, WHOLE GREEN MOONG DAL.

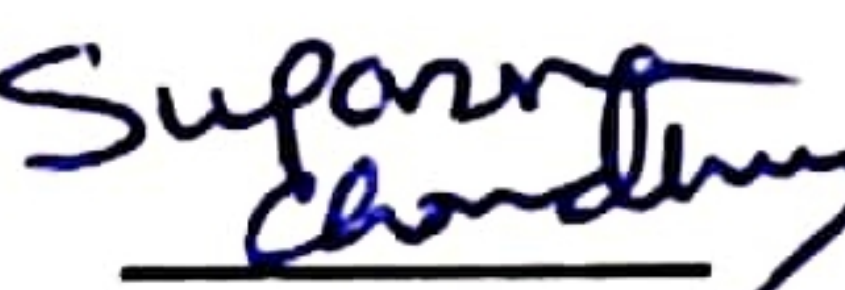
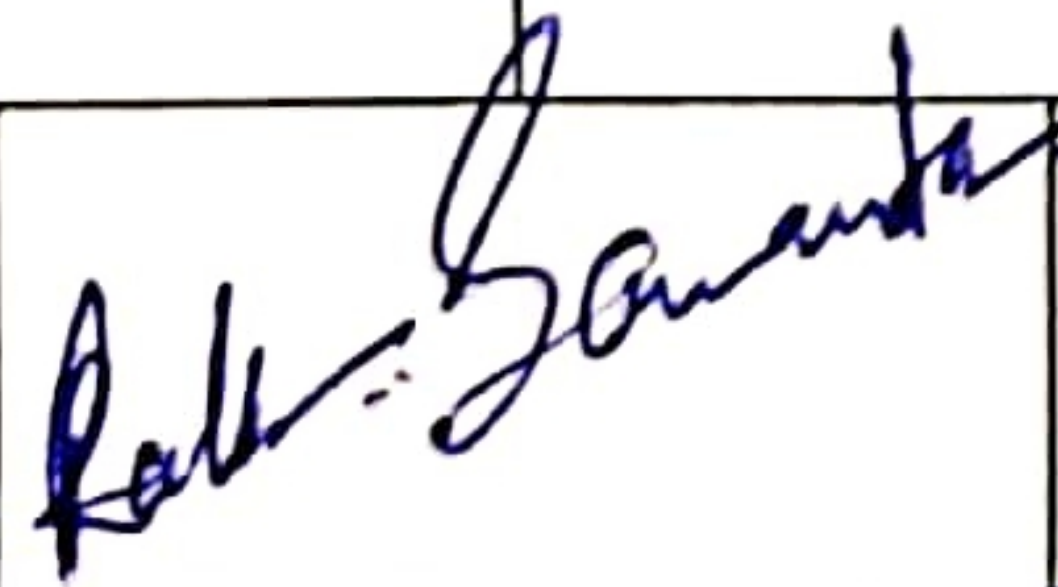
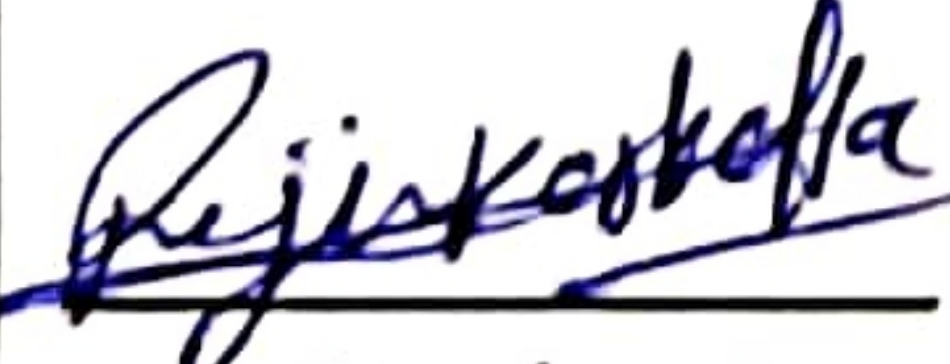
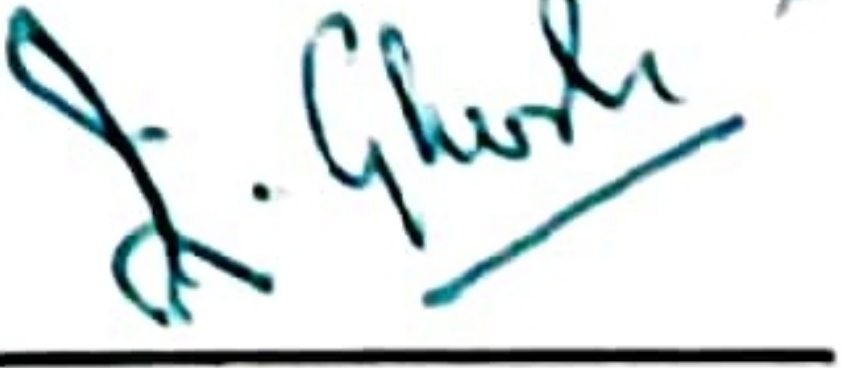
Note: Menu is subject to change due to unavailability of vegetables



MV FOOD MENU FOR JAN 2026 (17TH JAN TO 31ST JAN)

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
SATURDAY 17 TH JAN 2026	STUFFED IDLI, SAMBAR, MEDU VADA, DHANIA COCONUT CHUTNEY	JAM BREAD 2 PCS	VEGETABLE MASALA KHICHDI, ALOO CHOKHA, FRYUMS, FRUIT CHUTNEY	ALOO TIKKI CHAAT	ROTI, RICE, DRY MIXED VEG, CHANA DAL TARKA, MILK
SUNDAY 18 TH JAN 2026	CHOLA, BHATURA, GREEN CHATUNEY, ONION SALAD		DUM PULAO, MATAR PANEER (FOR VEG), EGG CURRY (FOR NV), KACHUMBER SALAD, FRYUMS	BHEL PURI	RICE, ROTI, WHOLE MASOOR DAL, MATAR ALOO
MONDAY 19 TH JAN 2026	PALAK PRATHA, ALOO DUM, CUT FRUITS, AACHAR	MALAI TOAST	RICE, ROTI, LAUKI KOFTA CURRY, ALOO METHI BHAI, ARAHAR DAL, SALAD	SAMOSAS 2 PCS	YELLOW RICE, ROTI, DAL, PATTAGOBBI ALOO SABJI, MILK
TUESDAY 20 TH JAN 2026	MAYO CHEESE GRILLED SANDWICH (4 PCS), VEGETABLE POHA	VELVET CAKE (IN HOUSE MAKE)	RICE, ROTI, PANJABI PAKODI KADHI, ALOO KUNDRI BHAI, PAPAD.	VEG HAKKA NOODLES	CHINESE FRIED RICE, CHILLI PANEER, ROTI, MIXED DAL
WEDNESDAY 21 ST JAN 2026	SATTU PRATHA, GREEN CHUTNEY, BANANA	MILK & 2 PCS BISCUIT	RICE, ROTI, DALMA, ALOO SALGAM CURRY, SHOESTRING POTATO FRIES, AACHAR	VEG CUTLET	RICE, ROTI, CHANA DAL, ALOO SOYABEAN CURRY
THURSDAY 22 ND JAN 2026	MOONG DAL CHILLA, LASUN CHUTNEY, LAPSI	ITEM FROM CAFE	RICE, ROTI, RAJMA, SEASONAL MIXED VEG, SALAD	CHEESE CORN BUN 1 PCS	RICE, ROTI, AACHARI ALOO DUM, DAL FRY
FRIDAY 23 RD JAN 2026 (BASANT PANCHAMI)	ATTA PURI, HALWA, LAL CHANA ALOO SABJI		VEG PULAO, MATAR PANEER, ALOO DUM, PAPAD FRY, MOONG DAL	KHASTA SATTU KACHORI & ALOO SABJI 1 PC	JEERA RICE, WHOLE GREEN MOONG DAL FRY, PRATHA, MIXED VEG DRY

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
SATURDAY 24 TH JAN 2026	MULTIGRAIN DOSA, COCONUT CHATUNY, SAMBAR, UPMA	HOT HERBAL DRINK & 2 PCS BISCUITS / SWALI	MASALA KHICHDI, MIXED VEG DRY SABJI, PAPAD, CHUTNEY	VEG MAGGI	RICE, ROTI, MIXED DAL, PATTAGOB MATAR ALOO SABJI, MILK
SUNDAY 25 TH JAN 2026	PAV (3 PCS), BHAJI, POHA		ALOO BRIYANI, EGG CURRY (FOR NV), KADAI PANEER GRAVY (FOR VEG), SALAD	MURI & ALOO CHOP	ROTI, RICE, YELLOW DAL, PAPITA ALOO SABJI
MONDAY 26 TH JAN 2026 (REPUBLIC DAY)	MATAR KACHORI, ALOO DUM, CUT FRUITS	HOLIDAY	MAKKA ROTI, PEAS RICE, SARSO SAAG, MIXED VEG WITH PANEER, AACHAR	BREAD PAKORA 2 PCS	ROTI, RICE, DAL FRY, ALOO FULGOBI, GAJAR HALWA
TUESDAY 27 TH JAN 2026	CHEESE POTATO SANDWHICH 4 PCS, VEG DALIA, GREEN CHUTNEY	ANY ITEMS FROM CAFE	RICE, PAKODI KADHI, SOYABIN CHUNK ALOO CURRY, FRYUMS.	BHEL PURI	ROTI, RICE, WHOLE MASOOR DAL, PAPITA ALOO SABJI, MILK
WEDNESDAY 28 TH JAN 2026	GOBI PRATHA, GREEN CHUTNEY, BANANA	ROASTED PEANUT MASALA	RICE, ROTI, MOONG DAL, SALGAM ALOO CURRY, BEANS ALOO BHAJI, AACHAR	CHEESE CORN CUTLET 2 PCS	JEERA RICE, ROTI, CHANA DAL FRY METHI MATAR MALAI
THURSDAY 29 TH JAN 2026	VEG OATS, MOONG DAL CHILLA, LASUN CHUTNEY	CHOCOLATE MILK & 2 PCS BISCUITS	RICE, ROTI, RAJMA, FULGOBI ALOO MATAR CURRY, PALAK ALOO, SALAD	DHOKLA 2 PCS	ROTI, RICE, WHOLE MOONG DAL TARKA, MATAR ALOO
FRIDAY 30 TH JAN 2026	PURI, ALOO DUM, SOOJI HALWA	ANY SEASONAL FRUIT	RICE, ROTI, MIXED VEG CURRY, ALOO METHI, MIXED SPLIT LENTILS DAL, FRYUMS	1 PC MASALA LITTI CHAAT, TOMATO ONION CHUTENY & GREEN CHUTNEY	YELLOW RICE, ROTI, PANEER DO PYAZA, ARAHAR DAL
SATURDAY 31 ST JAN 2026	UTTAPAM, SAMBAR, CHUTNEY, BANANA / CUT FRUIT	MASALA CHURA	RICE, ROTI, MASOOR DAL, BEANS ALOO THORAN, PATTAGOB ALOO, AACHAR.	SOUPY NOODLES	RICE, ROTI, CHANA DAL FRY, VEG JALFREZI

 Suparna Choudhury Canteen In- Charge	 MV Kitchen	 Student Representative	 Teacher Representative		 Administrator		 Education Officer		 Principal
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