



MV FOOD MENU FROM 01ST JULY 2025 TO 31ST JULY 2025

DAY & DATE	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
01.07.2025	IDLI, SAMBAR, CHUTNEY, POHA, BANANA	SWALI 2 PCS & VEG KANJI	RICE, ROTI, MORINGA YELLOW DAL, ALOO SOYABEAN CURRY, KAKROL ALOO FRY, AACHAR	MATAR GHUGNI CHAAT	RICE, ROTI, ARAHAR DAL, ALOO BARBATTI BHAI,
02.07.2025	GRILLED SANDWICH, POHA, , SAUCE	ROSTED CHANA CHAAT	RICE, ROTI, PANJABI PAKODI KADHI, GREEN SAAG, ALOO KAKROL BHAI	CHANA DAL & ALOO MIXED PAKODI WITH MUSTARD SAUCE	YELLOW RICE, ROTI, LOBIA CURRY, PAPITA ALOO BHAI
03.07.2025	TAWA PRATHA, ALOO LALCHANA SABJI, CUTFRUIT	ROTI ROLL 1 PC	RICE, ROTI, RAJMA, PARBAL ALOO CURRY, SALAD	BHEL PURI	RICE, ROTI, PAMPKIN ALOO SABJI, MILK
04.07.2025	POHA, VERMICILLI UPMA,	PAN CAKE	RICE, ROTI, MORINGA DAL, SEASONAL VEG, , KHIRA RAITA, CRISPY POTATO FRY.	VEG CUTLET 2 PC	RICE, ROTI, MIXED DAL, MATAR ALOO DUM.
05.07.2025	PAV BHAI, BANANA	VEG ENVELOPE	MASHALA KHACHDI, ALOO CHOKHA, FRYUMS, AACHAR	VEG ROLL	RICE, ROTI, KARAI PANEER, YELLOW DAL

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SUNDAY 06.07.2025	CHOLA, BATURA, ONION SALAD, AACHAR	-----	MATAR PULAO, CHENNA DALNA CURRY, MOONG DAL, EGG CURRY (2 PCS), CUCUMBER TAMBALI DAHI TARKA	MURI MASHALA	RICE, ROTI, ARAHAR DAL, MATAR ALOO SABJI, MILK
07.07.2025 FOUNDATION DAY	STUFFED IDLY, MEDU VADA, SAMBAR, NARIAL CHUTNEY	MALAI TOST	VEG PULAO, FULKA, ARAHAR DAL, MIXED VEG WITH PANEER, PEAS POTATO PORIAL, PAPARD	SAMOSA CHOLA CHAAT 1 PC	RICE, FULKA, CHANA DAL FRY, BHINDI ALOO BHAJI,
08.07.2025	SATTU PRATHA, TOMATO ALOO BHARTA, BANANA	SPROUTED SALAD	RICE, FULKA, MASOOR DAL, ALOO CHOKHA, SUKTO, SALAD.	PANI PURI 6 PCS	RICE, ROTI, GREEN MOONG DAL, PAPITA ALOO SABJI,
09.07.2025	AJAWIN PURI, CHOLA ALOO SABJI, LAPSI	PAN CAKE WITH JAM TOPINGS	RICE, ROTI, MORINGA DAL, LASUNI ALOO BHINDI, TORI ALOO SABJI, AACHAR,	VEG BURGER (1 PC)	RICE, ROTI, CHANA DAL FRY, KARAI PANEER
10.07.2025	MASHALA OATS, GRILLED SANDWHICH 4 PCS, CUT FRUITS	PARI NIMKI WITH VEG KANJI	RICE, ROTI, MOONG DAL, ALOO PARBAL CURRY, BEANS THORAN, PAPARD/ FRYUMS	KACHORI CHAAT 1PC	VEG FRIED RICE, FULKA, ALOO SOYABEEN CURRY, MILK
11.07.2025	ROTI, MATAR GHUGNI, LAPSI	BANANA 2 PCS	RICE, ROTI, ARAHAR DAL, DAHI BANGAN, KRISPI ARBI FRY, SALAD	HAKKA NOODLES	RICE, ROTI, LOBIA CURRY, LOCKI ALOO SABJI,
12.07.2025	DAL CHILLA, LASOON TOMATO CHUTNEY, POHA	ROSTED CHANA CHAAT	RICE, ROTI, MASOOR DAL, SEASONAL MIXED VEG, KERALA ALOO FRY, PAPARD	VEG MOMOS 4 PCS	RICE, ROTI, ALOO PARWAL FRY, VERMICILLI KHEER

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SUNDAY 13-07-2025	MASHALA DHOSA, SAMBAR, CHATUNY	-----	BASUNTI PULAO, LAUKI RAITA, EGG CURRY 2 PCS(NV), MIXED VEG WITH PANEER(VEG)	BHEL PURI	RICE, ROTI, KALI DAL TADKA, BHINDI FRY
14-07-2025	GRILLED SANDWICH, AVAL UPMA, CUT FRUITS	VEGETABLE SALAD	RICE, ROTI, ARHAR DAL, HARA SAAG, LOCKI KOFTA CURRY, SALAD	BONDA VADA 2 PCS	RICE, ROTI, MOONG DAL, ALOO MATAR CAROT CURRY, MILK
15.07.2025	PRATHA, MATAR GHUGNI, LAPSI	WATER MELLON	RICE, ROTI, PANCHMELA DAL, KARELA ALOO BHAJI, MIX SEASONAL VEG, AACHAR	ALOO TIKKI CHAAT	YELLOW RICE, ROTI, CHANA DAL FRY, ZIRA ALOO ONION FRY
16.07.2025	ROTI, ALOO CHANA DAL SABJI, BANANA	AATA SWALI 4 PCS	RICE, ROTI, MOORINGA DAL, BEANS PORIYAL, PARBAL ALOO SABJI, FRYUMS	HAKKA NOODLES	RICE, ARAHAR DAL, ROTI, CHILLI PANEER
17.07.2025	IDLY, SAMBAR, CHATUNY, MEDU VADA	BOILED LAL CHANA CHAAT	RICE, ROTI, ARAHAR DAL, DHOKA CURRY, ALOO KERALA BHAJI, SALAD	CHURA FRY	RICE, ROTI, GREEN MOONG DAL, PATTAGOBI ALOO MATAR SABJI,
18.07.2025	LOCKI CHILLA, GREEN CHATUNY, UPMA, CUT FRUITS	PAN CAKE WITH JAM TOPING	RICE, ROTI, YELLOW DAL, ALOO SOYA CHUNK CURRY, SAAG, AACHAR	VEG CUTLET	RICE, ROTI, MIX DAL FRY, ALOO TORAI SABJI, MILK
19.07.2025	PAV BHAJI, KANDHA POHA	BANANA 2 PCS	MASHALA KHACHDI, MIXED VEG SABJI, AACHAR, PAPARD	DHOKLA	RICE, ROTI, CHANA DAL FRY, BHINDI DO PYAZA

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SUNDAY 20.07.2025	CHOLA, BATURA, ONION SALAD, AACHAR	-----	VEGETABLE PULAO, EGG MASHALA (2 PCS),DAL , MIXED VEG WITH PANEER, SALAD	MURI MASHALA	RICE, ROTI, ARAHAR DAL, BARBATTI ALOO BHAJI,
21.07.2025	ONION TAMATO UTTAPAM, SAMBHAR,NARIAL CHATUNEY, BANANA	PAN CAKE	RICE, ROTI, ARHAR DAL, PARBAL ALOO SABJI, KARELA ALOO BHUJIYA, AACHAR	DAHI BALLA 1 PC	LEMON PEANUT RICE, KALI DAL, ROTI, SOYABEN MASHALA.
22.07.2025	STUFFED PRATHA, GREEN CHUTNEY, POHA,	ANY FRUIT	RICE, ROTI,MOORINGA DAL, ALOO PARWAL SABJI, ALOO TAMATAR CHOKHA, ROASTED PAPAD	HAKKA NOODLES	JEERA RICE, ROTI, CHANA DAL FRY, KADAI PANEER
23.07.2025	UPMA, SAMBAR VADA, SAMBAR CHUTNEY	ROASTED CHANACHAAT	RICE, ROTI, PUNCHMELA DAL, BHINDI ALOOCURRY, SAUTED VEGITABLE,	PAPRI CHAAT	RICE, ROTI, YELLOW DAL, LOCKI CHANA SABJI, MILK
24.07.2025	DALIA KHACHDI, VEG SANDWHICH (4 PCS)	PARI NIMKI WITH VEG KANJI	RICE, ROTI, RAJMA, SEASONAL VEG, MINT RAITA, ALOO KERALA BHAJI	VEG CORN CUTLET 2 PCS	RICE, ROTI, LOBIA CURRY, PUMPKIN ALOOBHAI
25.07.2025	PLAIN TAWA PARATHA, ALOO SABJI, CUT FRUITS	VEG TACOS	RICE, ROTI, CHOLA CURRY, LAUKI ALOO CURRY, PAPARD	DHOKLA2 PCS	RICE, FULKA,ARAHAR DAL WITH TOMATO, BEANS ALOO FRY,MILK
26.07.2025	IDLI, MEDU VADA, SAMBHAR, CHANTNEY.	SPROUT SALAD	KHICHADI, BEGUNI, ALOO FRY CHOKHA, MIX FRUIT CHATNEY	BREAD PAKORA 2PC	PEAS PULAO, BABY NAAN, DAL MAKHNI, MATAR ALOO DUM,

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SUNDAY 27-07-2025	BELMA KACHORI, ALOO CHOLA SABJI, JELABI	-----	ALOO BIRYANI, LAUKI RAITA, EGG MASHALA 2 PCS (NV), SOYABEAN MASHALA(VEG)	MURI MASHALA	RICE, ROTI, MASOOR DAL, BHINDI FRY, ROTI
28-07-2025	GRILLED SANDWICH, AVAL UPMA, CUT FRUITS	PAN CAKE WITH JAM	RICE, ROTI, ARHAR ,ALOO CHOKHA, BEANS THORAN, SALAD	CHILI HONEY POTATO	RICE, ROTI, WHOOLE MOONG DAL, SEASONAL MIXED VEG BHAJI, MILK
29.07.2025	KERLA DOSHA, POHA, SAMBAR, CHUTNEY	VEG SALAD	RICE, ROTI, PANCHMELA DAL, KARELA BHARWA, MIX SEASONAL VEG, ROASTED PAPAD	BHEL PURI	RICE, ROTI, CHANA DAL FRY, PARWAL ALOO SABJI, -
30.07.2025	TAWA PARATHA, ALOO CHANA DAL SABJI, BANANA	SATTU SARBAT	RICE, ROTI, MOORINGA DAL, KAKROL FRY, BAGHARA BAIGAN, AACHAR	LITTI CHOKHA 2 PCS	YELLOW RICE, DAL FRY, ROTI, PANEER DO PYAZA
31.07.2025	FULKA, ALOO MATAR GHUGNI , LAPSI	ROSTED PENUT CHAAT	RICE, ROTI, DALMA, BEANS PARBAL ALOO BHAJI, ROSTED PAPARD	VEG CORN CUTLET 2 PCS, WITH MUSTARD SAUCE	YELLOW RICE, MATAR ALOO CURRY, ROTI, MILK



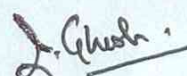
Canteen In-Charge



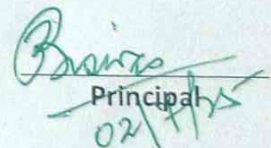
MV Kitchen Representative



Administrator



Education Officer



Principal

02/7/25