

### FOOD MENU FOR JULY 2024

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
<b>MONDAY 1<sup>ST</sup> JULY</b>	IDLY, VADA, SAMBAR, CHUTNEY	CHOCOLATE MILK SHAKE	RICE , ROTI , LOUKI CHANA DAL KERALA ALOO BHAJI, SESIONAL MIXED VEG , SALAD , FRYUMS , AACHAR	DHOKLA 2 PC CHATNI	ROTI , RICE, CHILI SOYABEEN , ZIRA ALOO , AAM RASH
<b>TUESDAY 2<sup>ND</sup> JULY</b>	POHA WITH POTATO & PEANUTS, VEG SANDWICH, RASMALAI	SATTU SARBAT	ROTI, RICE , AAM DAL, DHOKA DALNA, BEANS THORAN, RAITA FRYUMS, AACHAR	ALOO TIKKI 2 PC	ROTI, RICE , MIXED DAL, GREEN BANANA KOFTA CURRY
<b>WEDNESDAY 3<sup>RD</sup> JULY</b>	UPMA , BELMA KACHORI, JELABI, ALOO SABJI	BANANA	ROTI, RICE, RAJAMA, LAL SAAG, PARBAL ALOO CURRY, SALAD , AACHAR	DAHI PHUKA 6 PC	ROTI, RICE, LOBIA CURRY ONION ALOO BHUJIA
<b>THURSDAY 4<sup>TH</sup> JULY</b>	GRILLED SANDWICH MOONG DAL CHILLA CHUTNEY ( GARLIC )	KIWI JINGER PUNCH ( MOJITO)	RICE, ROTI, MOONG DAL, PALAK ALOO, DAHI PARBAL, PAPAD, AACHAR, SALAD	SAMOSAS 2 PC	NAN, PULAO RICE, DAL FRY, PINDI CHANA, MILK
<b>FRIDAY 5<sup>TH</sup> JULY</b>	VERMICELLI UPMA KERALA DHOSA CHUTNEY, SAMBAR	CAKE	RICE , ROTI, MASOOR DAL , , ALOO CHIPES, EGG CURRY, FRYUMS, RAITA, AACHAR, CHENNA KOFTA FOR ( VEG)	VEG ROLL-1PC	ROTI, RICE, MAHARANI DAL, MIXED VEG , FRUIT PUDDING
<b>SATURDAY 6<sup>TH</sup> JULY</b>	VEG DALIA, CURD SANDWICH, SWEET PAPAYA	BANANA MILK SHAKE 1 GLASS	RICE, ROTI, ARAHAR DAL, KERALA BASAN, DAHI BHINDI, PAPAD, SALAD, AACHAR.	VEG CUTLET 2 PC	ROTI, RICE, MIXED DAL, LOKI KOFTA,
<b>SUNDAY 7<sup>TH</sup> JULY FOUNDATION DAY</b>	RADHABALLAVI. CHANA DAL, BUNDIA		LUCHI, AALOO DUM, VEG PULAO, MOONG DAAL WITH COCONUT, MATAR PANEER, CHENA MALPUA , ROSTED PAPAD, MASALA BUTTERMILK, SALAD	AALOO CHOP-2 PAPAD-1 JALEBI-1 (RATH)	ROTI, ZIRA RICE PEAS POTATO CURRY, TOMATO MASOOR DAAL CAKE CUTTING (FOUNDATION DAY)

*Biswas*  
Principal 01/7/24

*Ch*  
Canteen In-Charge

*Das*  
Administrator